

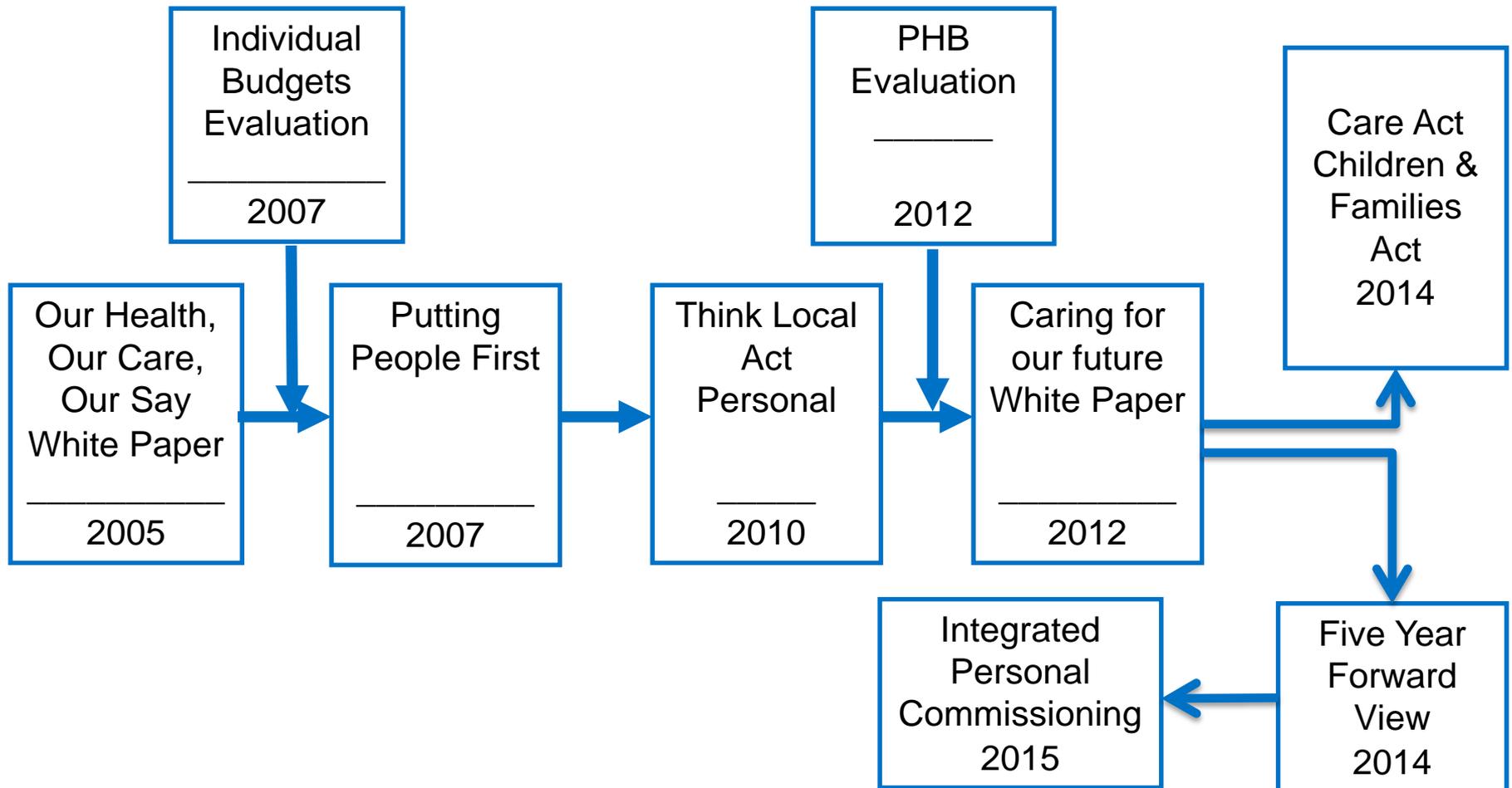
Keeping the person at the centre:

Progress with personal budgets in health and social care

Sam Bennett
Head of Integrated Personal Commissioning
and Personal Health Budgets
In Control 2nd November 2015



Personal Budgets: 10 year timeline in policy and legislation



Definition of personal budgets in law

Care Act 2014 Statutory Guidance 11.2

The personal budget is the mechanism in conjunction with the care and support plan that enables the person...to exercise greater choice and take control over how their care and support needs are met. It means:

- knowing, before care and support planning begins, how much money is available to meet eligible, assessed needs...
- being able to choose from a range of options for how the money is managed, including direct payments, the local authority managing the budget and a provider or third party managing the budget on the individual's behalf, or a combination of these approaches.
- having a choice of over who is involved in developing the care and support plan for how the personal budget will be spent, including from family or friends.
- having greater choice and control over the way the personal budget is used to purchase care and support, and from whom.



Progress to date in social care



600,000+ people with a personal budget



Expenditure of over £4.2B in 2013-14



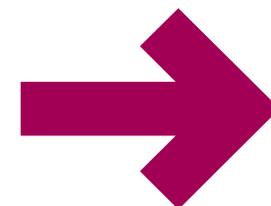
26% held as a direct payment



Significant variance from place to place



Some groups far less likely to have access



Proportions of people accessing self-directed care by group

Who?	Self-directed support / personal budgets		Direct payments	
Adults 18-64 with a physical disability	91,615	64.1%	42,755	29.9%
Adults 18-64 with a learning disability	88,445	82.7%	34,045	31.8%
Adults 18-64 with a mental health problem	33,725	28.5%	12,685	10.7%
Adults aged 65 or over	430,595	64.2%	62,420	9.3%
Carers (all ages)	110,915	64.1%	80,455	46.5%

Is it making a difference?

in **Control**



think local
act personal



3rd National Personal Budget Survey

Experiences of personal health budget holders
and carers across adult social care and health

 **POET**
Personal Outcomes Evaluation Tool

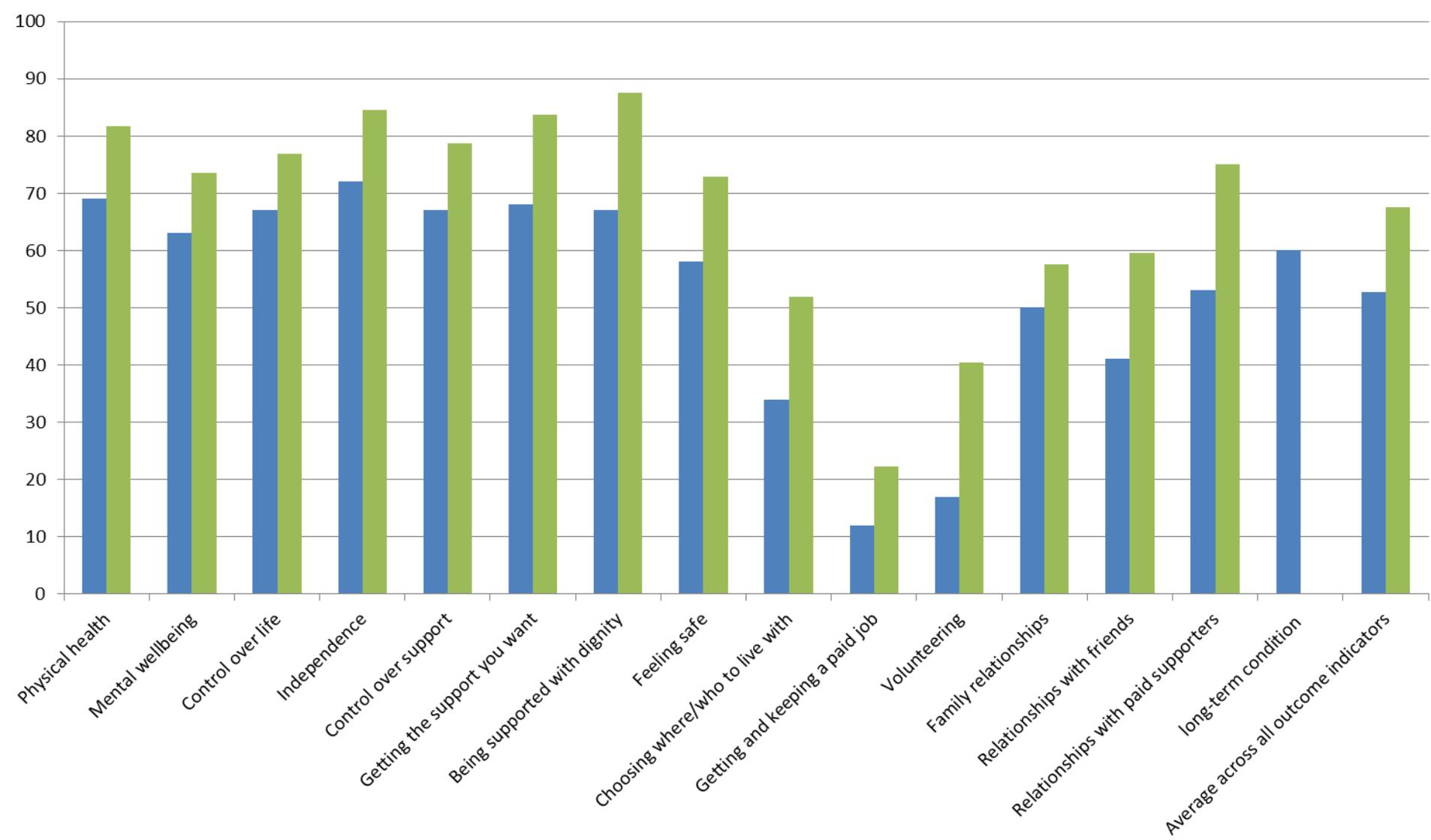


National Personal Budgets
Survey of more than 4,000 budget
recipients and their carers.

The survey survey collects info
on:

- Who budget holders are
- The choices they make (how to self-manage / who plans?)
- How people experience different aspects of the process
- Impact on wellbeing

Outcomes across health and care



National Personal Budgets Surveys, Think Local Act Personal 2014 / 2015

Factors closely associated with good outcomes



People able to lead the planning process and choose who to involve



Process feeling “easy” to understand and navigate



Focus on whole life outcomes – particularly community and leisure



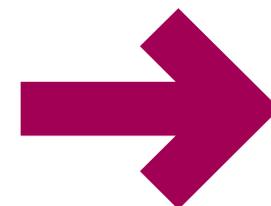
Information and support to understand the range of options available



The ready availability of personal assistants



A diverse range of care and support options



Personal health budgets: Current expectations and commitments

Right to have

- Since October 2014 people receiving NHS Continuing Healthcare and children receiving continuing care have had the right to have a personal health budget

Children and Families Act 2014

- Children who have special educational needs should have a single assessment, an Educational, Health and Care Plan, and the option of a personal budget

2015/16 planning guidance

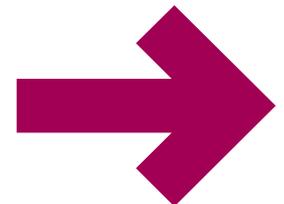
- “CCGs to lead a major expansion in 2015/16...CCGs should engage widely...include clear goals on expanding personal health budgets within their published local Joint Health and Wellbeing Strategy”

NHS England business plan commitment

- By October 2015 all CCGs supported to develop their local personal health budgets offer to patients beyond NHS Continuing Healthcare

Integrated Personal Commissioning

- The **Five Year Forward View** “Patients will gain far greater control of their health own care –through the option of a shared health and social care budget.”
- **Integrated Personal Commissioning:** On 4th July 2014, at the Local Government Association Conference, Simon Steven set out plans for a new Integrated Personal Commissioning (IPC) programme, to blend comprehensive health and social care funding for individuals, and allow them to direct how it is used.



PHB and IPC are at an early stage of implementation

Personal Health Budgets

- Around 6000 people currently have a personal budget with an ambition to roll this out to 0.1% of the population
- There is wide variability between CCGs in take-up.
- Beyond 2015 all CCGs have signed up to a commitment to extend personal budgeting beyond the initial scope.

Integrated Personal Commissioning

- There are nine IPC demonstrator sites which are exploring how best to implement this policy
- Their focus is on patients whose needs extends across health and social care..
- Personal budgets are more advanced in social care (rolled out to around 1% of the population). IPC builds on this success.

Supporting greater adoption of PHBs and IPC

- Through the PHB support programme, we are promoting the benefits of PHBs to CCGs and patients.
- CCG assurance arrangements and planning will reflect an ambition for greater adoption
- Further Planning Guidance will encourage extension of CCG's local offer still further beyond current target groups, including people with learning disabilities, mental health and end of life;
- PHB and IPC are compatible with New Care Models work underway through Vanguard – budgets will be carved out of lead provider's capitated budget to enable choice within new arrangements

10 lessons from personalisation in social care

1. Keep the person at the centre
2. Culture over process
3. Evolution not revolution
4. Create a common language
5. Build people's awareness and demand
6. Information is key
7. Social capital is not a sideline
8. Choice doesn't just happen
9. Get providers on board early
10. Measure what matters

